



PUBLIC INFORMATION OFFICE
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www.cdhd.org

To prevent and treat disease and disability; to promote healthy lifestyles; and to protect and promote the health and quality of our environment.

Community Calendar

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CARDIAC RISK PROFILE SCREENING SCHEDULED AT CENTRAL DISTRICT HEALTH DEPARTMENT

BOISE, Idaho, March 18, 2003 – The Central District Health Department (CDHD) will hold a drop-in cardiac risk profile clinic from 6:30 – 9 a.m., Tuesday, April 1 at the CDHD Boise office, 707 N. Armstrong Place. Participants will receive a cholesterol screening, a blood pressure check and a variety of health and nutrition information. The cost for the clinic is \$20 and no appointment is necessary.

Because a blood sample will be drawn, participants are asked not to consume alcohol for 48 hours prior to the test. The test also requires that participants not eat solid food or drink anything other than water or plain coffee or tea (no cream or sugar) for a full 12 hours before the screening. The screening will take approximately 15 to 20 minutes.

The CDHD holds cholesterol screenings the first Tuesday of each month, except when affected by a legal holiday. Worksite clinics can also be arranged. For more information call 375-5211 or visit the CDHD website at www.cdhd.org.

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